



# Boerne High Strength and Conditioning Camp 2022

**WHO CAN ATTEND:** Incoming 7th-12th<sup>th</sup> Grade Athletes who will be attending Voss, North, or Boerne High in the Fall of 2022

**DATES:**

Week One	June 6-9th
Week Two	June 13-16th
Week Three	June 20-23rd
Week Four	June 27-30th
Week Five	July 11-14th
Week Six	July 18-21st

**TIME:** 9-12th Girls 7-9:00 a.m.  
7-8th Girls/Boys 8-9:00 a.m.  
9-12th Boys 9:30-11:30 a.m.

**LOCATION:** Boerne High School

**INVESTMENT:** \$175

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REGISTRATION LINK:

<https://docs.google.com/forms/d/16sahptYOpfmiVizZrIWom6i-191gjOPoxQENIEJ-5O/edit?usp=sharing>

All campers will register online this year using the link or scanning the QR code below



If you have questions concerning the SAC camp contact:  
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